

Happy
New
Year

BE IN THE KNOW

2023



Message From Us!

**SoCal PreApprenticeship
Program wishes you a
Happy New Year!**

"For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future."

Jeremiah 29:11

OPPORTUNITIES

**Our organization is growing;
consider joining our team!**

We have the following positions open:

- Vice President of Operations for Staffing Company
- Executive Administrative Assistant
- Instructors
- Case Manager

**Check out our
open roles!**

<https://www.constructionserviceworkers.com/job-seekers/>

**SCAN TO
APPLY**



2022 A YEAR in Review

SOCAL PP BRIDGING THE GAP

SOCAL HOSTS COMMUNITY EMPLOYMENT FAIR

March

Diversity Professional awards Wanda Rogers with the Women of Excellence Game Changer Award



April

SOCAL SIGNS MOU WITH CREATING CODING CAREERS AND MEDCERTS

June



Cohort 4 Orientation

SOCAL SIGNS MOU WITH HEART LEADERS ACADEMY YOUTH BUILD SD

Sept

WANDA ROGERS IS NAMED WOMEN'S ENTERPRISE MAGAZINE'S OUTSTANDING WBE CEO OF 2022

Oct

SoCal Hosts 2022 National Apprenticeship Week Celebration



Nov

Jan

SOCAL ENTERS A NEW YEAR!

Feb

SOCAL SIGNS MOU WITH ACCESS 2 JOBS



Wanda Rogers is named Minority Small Business Champion

May

June



Cohort 3 Graduation

July

SOCAL SIGNS MOU WITH OUR GENETIC LEGACY

Sept



Cohort 5 Orientation

Dec

COHORT 4 GRADUATION



MARTIN LUTHER KING JR. DAY

SOCAL PP BRIDGING THE GAP



ANNOUNCEMENTS

- We are now in partnership with Grid Alternatives!



- Last month, SoCal's Owner/Founder, Wanda Rogers **participated in a panel discussion at the Apprenticeship Forum.** Following the discussion, Program Director of Bakersfield College's Apprenticeship program, Sabrina Aguilar stated, **"Thank you so much, Wanda! Your insight was incredibly valuable and appreciated by all attendees."**

Cohort #4 Graduation



January

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Community Resources

Fair Housing Assistance -

Answering questions about housing discrimination, illegal evictions, notices to vacate, rent increase, tenant & landlord rights, etc.

Contact: (619) 444-5700
outreach@c4sa.org
327 Van Houten Ave
El Cajon, 92020



Work Readiness Exchange E-Learning -

Life Skills workshop that helps refugees and immigrants prepare for successful communication and conflict resolution in the workplace. Eight essential life skills: communication, problem solving, team work, accepting and learning from criticism, positive attitude, self-confidence, working well under pressure, and flexibility /adaptability.

Contact: (619) 238-2400 /
WRE@ncrconline.com

Women's Wellness Fair - Enrollment services, annual wellness exams, chiropractic information, giveaways, & more (**Thursday, January 19th** 8:30am-12pm - Neighborhood Healthcare 855 E Madison Ave El Cajon, CA 92020)

Contact: (760) 737-6975

2-1-1 San Diego -

2-1-1 is a resource that maintains a database of over 6,000 services and resources (food, housing, health care, and other basic needs) throughout San Diego County.

Contact: 2-1-1 / <https://211sandiego.org/>



RESOURCES

UPCOMING EVENTS

The Cohort #5 Graduation will take place on January 19th at the Jacobs Center.

Congratulations, to all of our graduating participants.

Ana Rangel

Matthew Lawson

Joseph Sanchez

Maria Cantero

Kassandra Corona

Nathan Stone

Keyla Fajardo



Owner/Founder's Message

On This Day, Choose Whom You Will Serve.

Small business owners you have a choice.

You can either shut down or you continue to press forward, believing the dream, or you can give up...

Have you chosen that omnipotent dollar, or have you chosen a business that will sustain itself only you can make that choice...

- Wanda Rogers



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Job Developer's Message

For a couple of years now, I've ditched the new year's resolutions and adopted a new habit of choosing a "Guiding Word for the Year." If you're done with resolutions and want to choose a word that may set the tone for the new year, here's how to do so:

1. **Reflect on the past year.** Ask yourself how the year went. Think about how you spent your time, how you've grown, and what challenges you've faced.
2. **Think about your values, intentions, and goals for 2023.** Reflect on your relationships, your work, mental health, hobbies, etc.
3. **Brainstorm, pray, or meditate.** Start listing words that come to mind as you do this step.
4. **Make a vision board (optional).** Display objects, symbols, and words that inspire you and capture your values and vision.
5. **Live your Word.** Continue to pursue living out your word throughout the year. Do this by creating habits around the word, reading books or listening to podcasts that enhance your understanding of the word.

SoCal in the Community



Instructor's Message

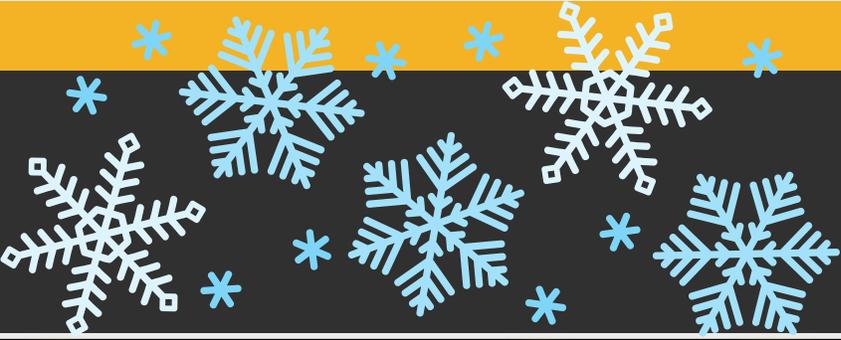
The holidays can be stressful with family, work, and class obligations (yikes). But **remember to take a second to breathe and give yourself a pat on the back for putting yourself in a position to succeed.**

Sometimes when I leave my home to start the day or right before I start my car, I pause and think, everything is not perfect, but I have today to make changes and make a difference. This seems to make my day intentional and start out right. I will admit things don't always go to plan, but for those peaceful moments, I am in tune with myself. **This might not be your self-care but find something (any little thing) that helps you stay in tune with yourself and the world around you.**

As we enter the new year and look forward to a fantastic start to 2023, **let's all remember to stay grounded in the moment and take care of ourselves.**

- Professor Brady





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PARTICIPANT SPOTLIGHT!



Matthew Lawson

Cohort #5

TRACK



IT Coding

HOBBIES



"Music, going to the beach. I like Sunset Cliffs and less crowded beaches."

WHAT INSPIRES YOU TO COMPLETE THIS PROGRAM?



"Other people. People have their passion and purpose, something they enjoy doing everyday; and I want that."

WHAT'S ONE OBSTACLE YOU'RE WORKING ON OVERCOMING?

"Probably consistency and mindfulness--being aware and in the moment and having a clear mind."



WHAT'S ONE PIECE OF WISDOM YOU WOULD SHARE WITH THE NEXT COHORT?



"The piece of wisdom I would share with the next cohort is that it's never too late."

PARTICIPANT SPOTLIGHT!



Nathan Stone

TRACK



Electrician

HOBBIES



"Mostly just exercising, running, walking, going to the gym, and reading."

WHAT INSPIRES YOU TO COMPLETE THIS PROGRAM?



"I guess my dad. He was in the field and I wanna go with what he's doing. It's a steady career."

WHAT'S ONE OBSTACLE YOU'RE WORKING ON OVERCOMING?

"I'm working on overcoming my social anxiety. I'm trying to put myself out there more and work on that."



WHAT'S ONE PIECE OF WISDOM YOU WOULD SHARE WITH THE NEXT COHORT?

"I'm looking forward to more social interaction. It's hard to interact with zoom, but I want to get out there more."

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SOCAL PRE

APPRENTICESHIP



PROGRAM



ENROLL TODAY!

- HVAC
- Plumbing
- Construction
- IT Coding
- Medical Billing
- Medical Front Office Assistant
- & More!

**WANT TO ENROLL?
SIGN UP NOW**

socalpp.com

info@socalpp.com

(619) 303 6890



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Want to join us as we invest in community members?

CONTACT US

Interested in partnering with SoCal?

Are you or someone you now interested in joining SoCal PreApprenticeship Program?

Need Case Management Information?

General Questions and Inquiries?

Contact: info@socalpp.com or (619) 303-6890

About SoCal PreApprenticeship

SoCal Pre Apprenticeship, a division of CSW Funding LLC, is a registered pre-apprenticeship program charged to: prepare workers for the minimum requirements for entry into an established apprenticeship program, diversify the talent pipeline of skilled workers, & expand opportunities for traditionally underserved communities.

Visit Us at: www.socalpp.com

